Spartan Youth Track & Field Club

For Students in 3rd - 7th Grade





Presented by: 518 Next Level Strength & Conditioning

(formerly known as Spartan Strength & Conditioning)

Dates:

Tuesday June 12th - Thursday June 14th - Tuesday June 19th

Thursday June 21st - Tuesday June 26th - Thursday June 28th

(*June 28th: final day will be a meet, time may run past 7pm)

Time: 5:30pm - 7:00pm

Location: BHBL High School Track - 88 Lakehill Road Burnt Hills NY

What to Bring: Sneakers, Water bottle, Weather appropriate attire

Questions/Concerns: Contact Coach George: 518nextlevel@gmail.com

Spartan Youth Track & Field club is designed for students who want to explore Track & Field, the different events offered, and how to properly perform these events. Varsity Coaches & Athletes will assist in trainings, all abilities welcome!

Camp Fee: \$65 per student (*please complete and return bottom portion with payment*)
Send Payment to: 518 Next Level Strength & Conditioning - PO BOX 2777 Glenville, NY 12325
Please provide email for receipt confirmation - Checks payable to: 518 Next Level Strength & Conditioning

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| | Please cut off bottom portion and enclose with Registration Fee (Check or Cash Accepted) |

| CAMPER NAME(S) | GRADE | T-SHIRT SIZE (circle) | EMAIL (TO CONFIRM) |
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| | | Adult SMLXL2XL | |
| 2. | | Youth S M L | |
| | | Adult SMLXL2XL | |
| | <u>Emer</u> | gency Contact Information | |
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| n case of emergency, please co | • | hin Dhana | |
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| Special Instructions/Ineutcal | Conditions of Allergies Stajj Sho | ulu be aware oj: | |
| Parental Consent/Participation | n Waiver: | | |
| • | | an Youth Track & Field Club. I verify that | my child has had a physical exam in the |
| ast year and is able to particip | pate in the activities related to th | is club. I agree to indemnify, hold harmle | ess: Jonathan George, Burnt Hills School |
| istrict, and all Spartan Youth | Track & Field Club staff from any | liability for injury to my child, as well as a | any injury or damage caused by my child. |
| | | eby authorize any physician or trainer sel | |
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